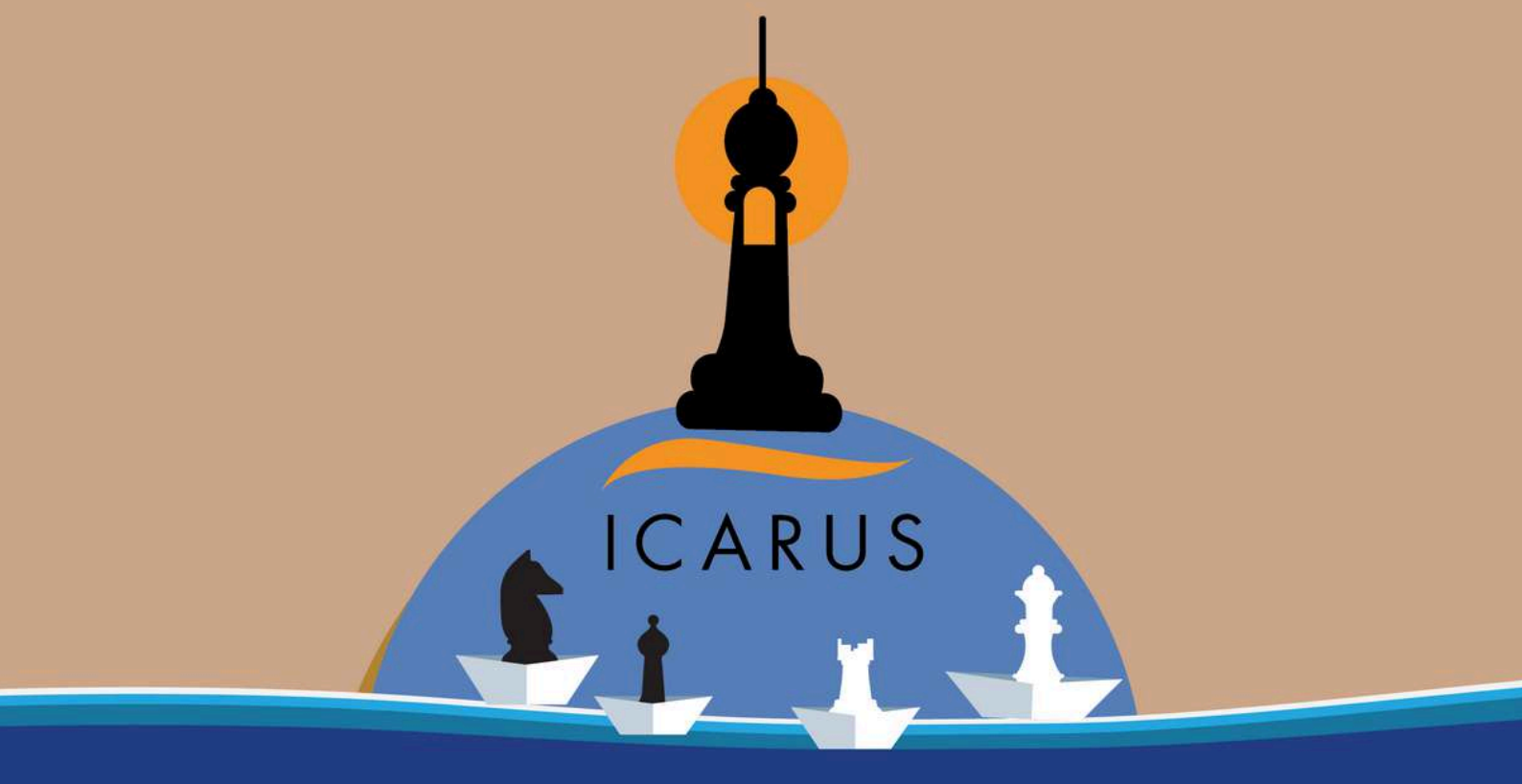




# ICARUS

Including Chess As a Re-educational Up-Skilling tool

## NEWSLETTER - 2



## WHAT IS GOING ON IN ICARUS?



Over the past few months, the partners have developed a **Self-Development Toolkit**, which will soon be shared with the whole community of trainers and chess players.

A few days ago, a **3-day training (LTTA)** was held in Perugia, Italy, during which the Toolkit was previewed to a small group of trainers and chess players.

Now, following feedback from the trainers, the Toolkit will be revised in some details and then published.

After the summer we will be ready for the **pilot testing!**



# IMPLEMENTING THE TOOLKIT

The Toolkit was implemented from a few starting points.

**Chess is a perfect tool to teach soft skills** to prison inmates, as it's a game that allows people to employ their time in a **meaningful** way, learning necessary skills like: to understand the **value** of each piece, to **respect rules**, to **not rush** the next move, to **respect** the opponent's ability.

Those are skills that can be used in everyday's life:

- to understand the value of each piece is **CRITICAL THINKING**,
- to respect rules is **CIVIC VALUES**,
- to not rush the next move is **SELF-AWARENESS**,
- to respect the opponent's ability is **EMOTIONAL INTELLIGENCE**.



## ICARUS Toolkit in a nutshell:

### Training Toolkit for chess players and trainers

- No. **6 Training Modules on Soft Skills** - for chess players, dedicated to: the Meta-cognitive method, the 5 top competences defined (Motivation, Self-Awareness, Empathy, Self-Control, Social Skills) and Coaching.
- No. **3 Training Modules on Chess practice** - for soft-skills trainers: Introduction to the game of Chess, Teaching Chess to adults, Positive effects of Chess in prison.
- No. **1 self-assessment tool** - for trainers and chess players.

### Self-Development Toolkit for prison inmates

No. **6 Training Modules** to develop the 5 top competences defined, viewed from the different points of view of:

- ME,
- THE OTHERS,
- THE WORLD.



# LEARNING, TEACHING, TRAINING, ACTIVITY (LTTA) IN PERUGIA

The partners met in **Perugia** on May 27-29, hosted by **UniChess**, to present their training modules.



During the LTTA, the two groups of trainers, namely Adult Education trainers and chess players, **exchanged training on the Toolkit's modules** with each other. The training activities took place over three days, each of which consisted of three sessions of two hours each, followed by a final discussion and **evaluation**. Each day was devoted to training on the three modules (chess, training, combined). The modules were presented by the partners who developed them.







# LEARNING, TEACHING, TRAINING, ACTIVITY (LTTA) IN PERUGIA

Not only **theoretical training**, but also..... **Chess & play!**



Reciprocal training is critical to ensure that Adult Education trainers, the project's main target audience, can integrate **chess techniques and play** into their teaching practices. At the same time, it allows chess players to deepen their awareness of the cognitive benefits and role of **Emotional Intelligence in the sport** they play. In the right photo, UniChess explains the importance of teaching chess to adults (training approach, operative training tools and methodology).





# SECOND TRANSNATIONAL PROJECT MEETING

The partners participated in the second transnational project meeting held in **Perugia** on May 30.



Having concluded the training LTTA, the project partners participated in the project's second transnational meeting, held in Perugia on May 30. During the meeting, the participants discussed the results of Work Package 2, the **Toolkit**, and planned the launch and management of Work Package 3 (WP3), dedicated to the **pilot testing** of the Toolkit. The official beginning of the pilot in prison will be in **October 2024**, after more training for trainers.





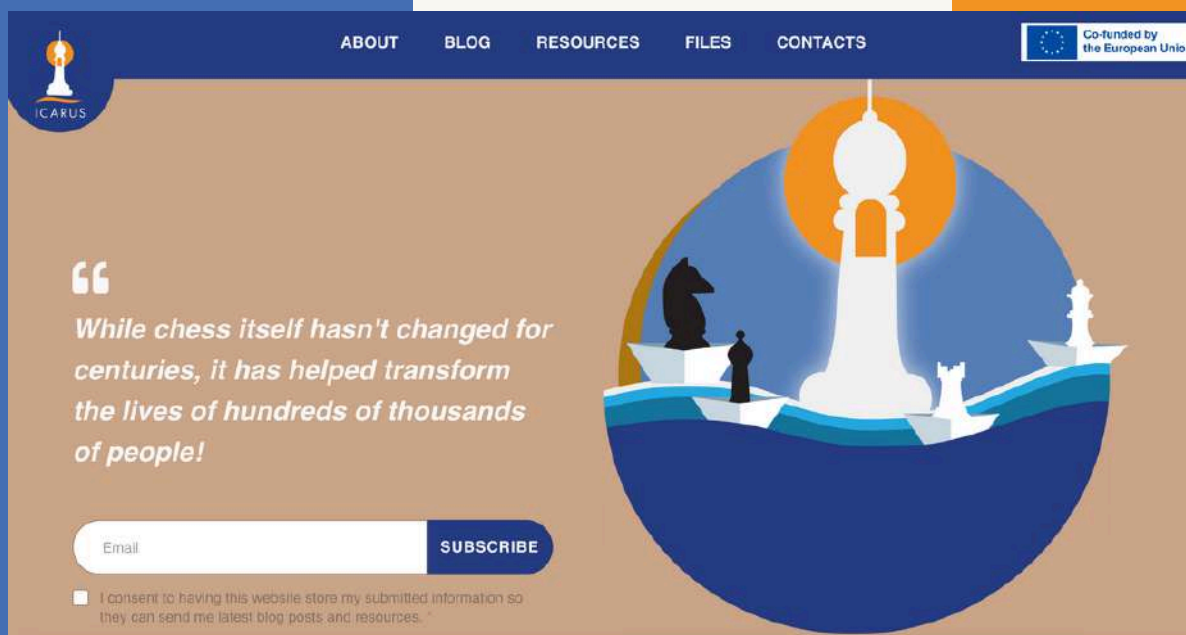


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# OUR NEW WEBSITE IS OUT!

We are proud to invite you to have a look at our new website:

## [Project ICARUS](#)



The website is still undergoing more work: being a **learning tool**, it will continuously be implemented during the course of all the project.

In the **Resources**, several interesting articles are already available, as there are in the Blog section.

In the front page (section: **ABOUT**) you will find all the details on the project.





# THE PARTNERSHIP

## SKILL UP

The leading partner of ICARUS. A training company based in Rome, Italy, with strong experience in soft-skills training and Erasmus+ projects.



## UNICHESS

An Italian chess school based in Perugia, UniChess has trained the three-time Italian chess champion Luca Moroni, and has experience with teaching chess in prisons.

## INDEPCIE

A Spanish training and coaching company from Cordoba specialised in soft-skills and training courses, with great experience in the Erasmus+ sector.



## CLUB MAGIC EXTREMADURA

A Spanish chess club from Mérida that combines competition and promotion of chess with social and therapeutical chess.

## CENTER FOR EDUCATION AND INNOVATION RESEARCH

A Latvian education and research centre that focuses on innovative training and eco-sustainability.



## LATVIAN CHESS FEDERATION

The national federation that gathers all chess players, trainers and enthusiasts in Latvia.





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